

2023 Summer Class Schedule

find us online at www.teammatthewsata.com

Tiger White - Yellow Beginner Mat Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
	6:10		5:40	5:10	
Tiger Camo - Red Intermediate Mat Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
	5:30		5:00	6:00	
All Ages White / Orange / Yellow Mat Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
	5:00 - 5:45	4:00 - 4:45	7:00 - 7:45		4:00 - 4:45
SPARRING CLASSES (Kids Colourbelt)		White thru Red Kids - Basic and Intermediate		4:30 - 5:30	overlaps with regular classes
All Ages Camo - Green - Purple Spring Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
	4:00 - 4:50		6:00 - 6:50	4:30 - 6:00	
			Sparring Class	4:30 - 5:30	
All Ages Blue - Brown Spring Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
		5:00 - 5:50		4:00 - 5:30	5:00 - 5:50
All Ages Red - Red/Black Spring Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
	6:00 - 7:00	7:00 - 8:00		6:00 - 7:30	
SPARRING CLASSES (Adult/Advanced)		White thru Black Belt Adults		6:30 - 7:30	overlaps with regular classes
All Ages Black Belts I II III IV Spring Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
	6:30 - 7:30		4:00 - 5:00	6:00 - 7:30	
			Sparring Class	6:30 - 7:30	
Tricking Spring Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
					6:00 - 7:00
Leadership Spring Floor Regular Class	Monday	Tuesday	Wednesday	Thursday	Friday
			5:00 - 5:50		
Teen / Adult All Ranks	Monday	Tuesday	Wednesday	Thursday	Friday
	7:30 - 8:30	6:00 - 7:00		6:30 - 8:00	

If you aren't feeling well, have a cough or are sick..... **STAY HOME**

SUMMER UNIFORM
RECOMMENDED



Team Matthews Family Taekwondo Center

Facebook us at Team Matthews - Karate for Kids Las Vegas

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